

LEGALFOXES LAW TIMES

QUALITY TIME : RIGHT OF CHILDREN AND NEED OF SOCIETY.

By Mrs. NEELAM KISHOR HAJARE

Abstract:

Spending quality time with children is psychological need of children. ¹Much ink is spent by different medical councilor, child psychologist, doctors, Authors showing need of spending quality time with children. Same subject is again on top rung of the ladder of social issue. This research paper emphasis that though Single parents, nuclear families, economic problems in family, having extravagant money, working parents etc. are major reasons behind juvenile delinquency, these are only superficial reasons. These reasons are present in every family in some sense. These reasons affect children only whenever is lack of communication with child in that family. Survey made in schools shows direct effect of such conditions on behavior of students. How can such weak and mentally disturb generation becomes nations future?

. Children belongs to 6 to 14 years of age spend minimum 8 hours of their day in school. Teachers are considered to be quasi- parental authority. This paper is to attract attention that teachers may become second source of quality time for children. Its universal truth that teachers are also overburdened in performance of their duties but this can be possible with the help of legislative changes. Constant amendment in Juvenile Justice Act, introduction of Right to Education Act, provision to provide 'Crèche' in Maternity Benefit Act, 2017 is examples of steps which are already taken by legislation. This paper is concluded with suggestions which will be helpful to reduce the adverse effect of lack of quality time on children.

¹ by Claire Roudabush, SDSU Extension 4H Youth Program Advisor - Hamlin & Kingsbury Counties. Additional Authors: Audrey Rider 'Why Spending Quality Time with Your Children is Important?'

No law or theme can replace parents. This paper attempts to cornerstone supplementary and reliable source of quality time for children.

Keywords : Quality Time, Children, Student Teacher relationship, Computer Application

Introduction

All children have a right to survive, thrive and fulfill their potential – to the benefit of a better world. ----UNICEF

Failure to ensure children's right to protection adversely affects all other rights of the child. Thus, the Millennium Development Goals (MDGs) cannot be achieved unless child protection is an integral part of programs, strategies and plans for their achievements.

Healthy families make strong societies, Strong societies-built substantial Nation. Children are backbone of Nation. Thus its duty of family, society and Nation to keep them sounds, creative, noble and virtuous. It was very easy in Indian society. Joint Family system was solution for many family problems. Children were growing, develop under roof of elders. There were ample options to satisfy their curious mind and shoulder their problems. Due to job, education, profession and many reasons family members get diverted. And major members of family burdened with responsibilities. Money started encroaching on mind. More practical approach of peoples reduces solidarity in family is the bitter fact and all these effects in negligence towards children. By passing of time this fact of negligence is showing its fierce form. Improved technology is boon for society but many a times bane for mentally hungered children. According to reference of articles upbringing of children in unhealthy socio-cultural environment becomes the root cause of juvenile delinquency.^{2 3}Delinquency is the last stage of result of unhealthy

² . Kiran Phogat*,[Juvenile Delinquency in India Causes and Prevention] volume 13, Issue No . 1, April 2017, ISSN2230-7540 in Journal of Advances and Scholarly Researches in Allied Education | Multidisciplinary Academic Research <http://ignited.in> › last visited 21 November 21, 2021.

³ K. M. BANHAM BRIDGES2 [FACTORS CONTRIBUTING TO JUVENILE DELINQUENCY1] Journal of Criminal Law and Criminology Volume 17 Issue 4 February Article 3

upbringing but changing approach towards others, development of six enemies of mind (Sharpies. Kama, Krodha, Lobha, Mada, Moha and Matsara) prevents their progress in life and this result is major barrier for progress of society.⁴

Under cute name of 'Development', society changes in various angles. More practical approach of peoples reduces solidarity in family is the bitter fact. Though change is natural process; it's a symbol of liveliness. But making change is manmade process and it must be done by understanding future effects and side effects. Sati Abolition Act, Laws relating to Women and Children, declaration of various conventions on international levels, constant amendment in existing laws etc. shows how law is used to shape society in particular direction.

One of the students of Freud (Freud was a medical doctor, who contributed to the development of Psychoanalytic theory at the end of the nineteenth century); named Erik Erikson extended Freud's psychosexual stages to include psychosocial learning and included some ideas from cultural anthropology. His theory is popularly known as the 'eight stages of man'. Although Erik believes in the Freudian ideas but he places emphasis on the cultural and social factors that influence the development at each stage.⁵

Erikson considered infancy as a period during which infants either learn to trust or mistrust depending upon how well their needs are met. Both Erickson and Freud considered stage specific nature of development. Freud has emphasized biological factors. Erickson has emphasized the cultural factors. In any case they converge on one point that childhood forms the basis of later personality and functioning. As such, area of child psychology should concentrate on early influences in family, culture and external environment. Personality is not inherited. It is learned.⁶

In psychology, environmentalism was also dominant. Its original and leading exponent was John Watson (1928). It was Watson who launched behaviorism and gave us the now well-known

4 Prof. K.C PANDA[ELEMENTS OF CHILD](A basic text for students in DEVELOPMENT Psychology, Education, Home Science, Teachers in Special education, Student Social Work at +2 and University levels) pg.3

5 ELEMENTS OF CHILD (A basic text for students in DEVELOPMENT Psychology, Education, Home Science, Teachers in Special education, Student Social Work at +2 and University levels) pg. 8 Prof. K.C PANDA

6 ELEMENTS OF CHILD (A basic text for students in DEVELOPMENT Psychology, Education, Home Science, Teachers in Special education, Student Social Work at +2 and University levels) pg. 9 Prof. K.C PANDA

statement that, given an infant, he could, with proper conditioning, transform the child "into butcher, baker, beggar man, king."

Study of many articles⁷ and survey proves that school going children are having more attachment for their teachers. They share many secrets of their changing mood. Many parents share experiences that their wards listen to their teachers only. Children loved their teachers badly. Many school essays on topic 'Teacher' displays their unconditional love towards teachers. Considering this fact, appointing teachers in leading role, using weapon of legal aid a healthy solution for problem of quality time relating to children may be form.

This research is an effort to show how legislation will be helpful to eradicate the problem of lack of quality time.

Objective

- 1) To understand 'quality time' as fundamental right of children.
- 2) To identify best source of quality time.

Hypothesis

- 1) Desire to have quality time is need of all type of children irrespective of their economic and social background.
- 2) Desire to have quality time is need of students belonging to particular background.
- 3) Effect of lack of quality time shows on all types of students.
- 4) Effect of lack of quality time shows on particular students having definite economic and social background.

Methodology:

7 Children's Representations of Attachment and Positive Teacher–Child Relationships
Front Psychol. 2017; 8: 2270. Published online 2017 Dec 22. doi: [10.3389/fpsyg.2017.02270](https://doi.org/10.3389/fpsyg.2017.02270) PMID: [29312099](https://pubmed.ncbi.nlm.nih.gov/29312099/) PMCID: PMC5743748

In this Doctrinal and empirical research primary data is collected form 3 types of schools of Raigad District of Alibag, Maharashtra. Types of schools are selected considering different economic and social background of students.

- a) Students from school of CBSE – due to high fee structure it is assume that children belong to strong economic and social background.
- b) Students from State Board aided school--- students mostly have middle class economic and social background.
- c) Students from Municipal school have poor economic and social background.

Data Collected as: Type of the school: unaided Board: CBSE⁸ Standard 7

		Family background of students												
		educated	Uneducated	Working mother	Joint family	Nuclear family	Single parent	Economic problem	Family problem	Meetings attended regularly	Behavior in school	Completing homework	Mixing with others	Extra activities
Students' topper In class	1	Y			Y					Y	Good	Y	Y	Y
	2	Y				Y				Y	Good	Y	Y	Y
	3	Y				Y				Y	Good	Y	Y	Y
	4	Y		Y		Y					Little defiant	Y		
	5	Y		Y			Y		Y	Y	lying	Y	Selected	
Stu	L	Y		Y		Y			y		Naughty	Nt.	Hardly	

⁸ David English Medium School CBSE school Chondhi , Raigad Alibag , Maharashtra

											regular		
L2	Y		Y		Y				Y	Over calm	Y	Selected	
L3	Y				Y			Y		Whining	Y	Selected	
L4	Y				Y			Y		Impulsive	Y	Y	y
L5	Y				Y				y	Little aggressive	Y	Y	Y

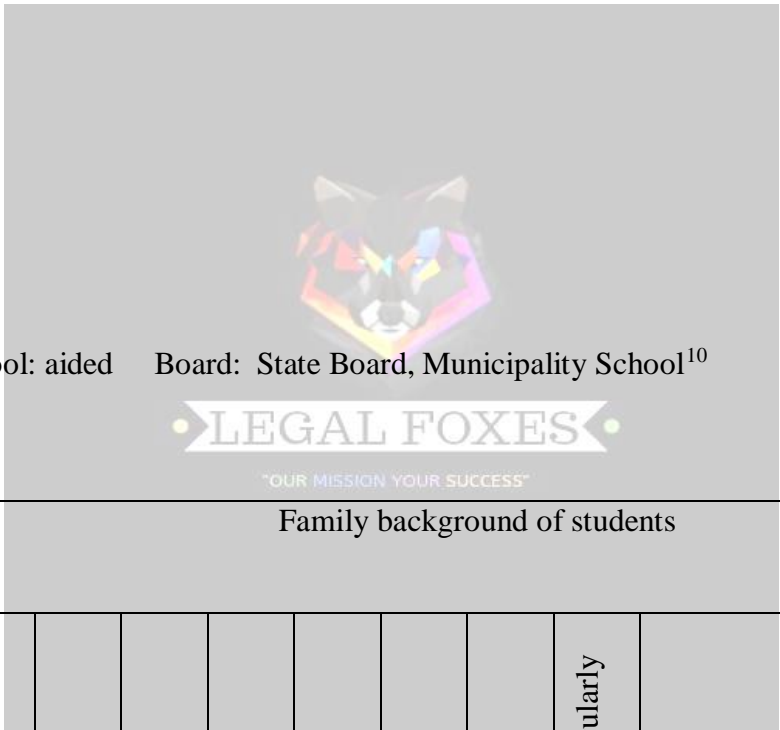
L= lowest , L2 = second lowest, L3=3rd lowest, L4= 4th lowest, L5= 5th lowest

Type of the school: aided, Board: State Board⁹ Standard: 7

		Family background of students												
Students' topper In class		educated	Uneducated	Working mother	Joint family	Nuclear family	Single parent	Economic problem	Family problem	Meetings attended regularly	Behavior in school	Completing homework	Mixing with others	Extra activities
	1	Y		Y	Y						Y	Good	Y	Y
2	Y		Y		Y					Y	Good	Y	Y	Y
3		Y	Y	Y						Y	Good	Y		Y
4		Y	Y		y					Y	Good	Y	Y	y
5	y		Y	y						Y	Good	Y	y	y

Students scoring minimum	L													
	L2	y				Y		Y	y	y	Backtalk	Hardly	y	Y
	L3		Y			y		Y			good	y	y	y
	L4		Y			y		y			good	y	y	y
	L5		y		y						Fights	no	Selective	no

L= lowest , L2 = second lowest, L3=3rd lowest, L4= 4th lowest, L5= 5th lowest



Type of the school: aided Board: State Board, Municipality School¹⁰ Standard 7

Students' topper In class	Family background of students													
		educated	Uneducated	Working mother	Joint family	Nuclear family	Single parent	Economic problem	Family problem	Meetings attended regularly	Behavior in school	Completing homework	Mixing with others	Extra activities
1	Y		Y	Y			Y	Y	y	Good	Y	No	Y	

¹⁰ Alibag Nagar Parishad School 1&2, Raigad, Maharashtra.

	2		Y	Y		Y		Y	Y		Extreme calm	Y	No	
	3		Y	Y	y			Y	Y		Lying	Not in time	Y	Y
	4		Y	Y		Y		Y	Y		Lying	Not in time	Y	Y
	5		Y	Y		y		Y	Y		Abusive language,	Not in time	Y	Y
Students scoring minimum	L		Y	Y	y			Y	Y		Bullying	No		
	L2		Y	Y	Y			Y	Y		Abusive language,	No		
	L3		Y	Y	Y			Y	Y		Lying	No		
	L4		Y	Y	Y			Y	Y		Bullying	No		
	L5		y	Y	Y			Y	Y		Over angry	No		

L= lowest , L2 = second lowest, L3=3rd lowest, L4= 4th lowest, L5= 5th lowest

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Analysis of Data and result of the Study:

Points observed as:

- a) Both toppers group of children and group of children scoring minimum in class from CBSE board schools have sound economic background. 3 Toppers from toppers group indicates good behavior in school while topper number 4, 5 though they are good in marks indicates some indications of misbehavior. After observing family background, it signals that both have some family problem. 4th student's chart doesn't show any direct problem but their behavior rings bell of quality time problem with them. Child belongs to nuclear family, and working mother these are major reasons of chances of lack of quality time. Due to busy schedule may be members are not able to share quality time with child.

Single parent itself is mental problem for children. Though child is academically good his habit of little lying is result of problem suffered by him.

- b) Group of children scoring minimum marks observed bell ringing behavior. Last and second last i.e., L & L2 has similar problem of nuclear family and working mother. Naughty student L also not doing homework regularly is additional indication of lack of quality time by family. 3 out of 5 from this group have family problems. Thus their special marked behavior is result of their mental disturbance. And reason behind this result is lack of quality time.
- c) Toppers group from State Board schools indicates no family or economical problem. Their participation in other activities, habit of completion of home work in time indicates that these students don't have problem of quality time. By observation it's pointed that 3 out of 5 belongs to joint family. 2 who belong to nuclear family also have Working Mothers.
- d) Thus, important observation is nuclear family and working mother are not only reasons of lack of quality time but spending quality time and not spending quality time is the issue. In points a, b nuclear family and working mother were major issues but presence of same situation in other group does not give same result. After taking detailed information from school, it was clear that working mothers including father spends time for their children. They have habit of bed time stories from mother. Thus, their satisfaction of desire of quality time reflects in their behavior and also in academic results.
- e) There is one more remarkable observation from this group. 2 out of 5 parents are uneducated thus concept of spending quality time with children is not depending up on education of parents.
- f) State Board School's group of children scoring minimum marks indicates interesting observations. 3 out of 5 children shows direct indication of lack of quality time for them. Firm indications such as nuclear family, economical and family problem reflects directly on behavior of L student in form of backtalk. Fight with others, non-completion of homework, non-participation in extra activities, selective mixing are results of lack of quality time by parents highlighted in L4 and L5. Both students don't have any economical or family problem, both belongs to joint family thus prima facie these students doesn't have any problem but still their behavior is questionable. Thus, it

indicates that students not having major issues also has desire to have quality time with their parents and not satisfaction of desire reflects somewhere in their behavior.

Student L2 & L3 from same group show the remarkable observation. In spite of having economic problems & belongs to nuclear family both children are good in behavior, Participated in activities and mixes with others. These indicate two observations. 1. Poor academic record is not sign of lack of quality time. 2. Children can be protected from effects of economical or family problems by help of spending quality time.

g) Students belong to Municipality schools shows surprising results. Children belongs to both the groups i.e.; group of toppers and minimum marks scorers don't have much difference in their family background. Most of parents are uneducated, having working mother, and all families are suffering from economical & family problems. All students' behavior in spite of their academic record is unpleasant. This is direct indication of lack of quality time.

Conclusion of observation:

1. Unpleasant economic and social background is not problem of children.
2. To have quality time is basic need of all type of children irrespective of their economic and social background.
3. Effect of lack of quality time shows on all types of children.
4. Academic record is not the only but one of the major effects of lack of quality time.

What is Quality time with children?

Quality time is nothing but undivided attention for children. It's not necessary to spend definite time period or to ask them typical question. Children till the age of 14/15 years have limited world and mind with full of curiosity. Their small world has limited persons as source of information. They are innocent and have blind love for their family members. Situation not getting satisfactory response from persons, whom they trust most, creates suffocation and indicates adverse effect on their behavior. In

reality this is situation always present in all human beings. Stress is burst on younger either by age or by position. Then where children will burst their stress?

Thus, quality time is costless for parents but costliest gift for children.

How to spend quality time?

Many authors while writing importance of quality time also focus on way to spend quality time with children. Some common ways are:

1. Have daily connect time: It is not like that parents are negligent or they don't want to spend time with children. Busy schedule, over burden of responsibilities parents are not able to see faces of kids daily. But different means of communication can easily overcome this helpless situation.
2. Reading book during or telling stories bed time. Playing CDs is not option. This can be an idea to impart knowledge but not for quality time.
3. Telling child how important they are in their life.
4. Reinforce positive behavior.
5. Make and eat meals with children.
6. Playing, laughing, and asking for their guidance in handling new technologies.

Etc....

These and ample of other ways indicate that building communication with child is the idea behind these ways. Every pair of parent and child can develop different modes of spending quality time.

What are sources of quality time for children? Answer is nothing but the parents. But this research paper focusing on other reliable major source of quality time and that is TEACHER.¹¹ It is fact that there is no substitute for parents but support can be taken from teachers. Practically teachers are already in this role. Many children loved their teacher as much as their parent.

Let's concentrate on reasons why teachers are competent for this role.

¹¹ . ELEMENTS OF CHILD (A basic text for students in DEVELOPMENT Psychology, Education, Home Science, Teachers in Special education, Student Social Work at +2 and University levels) Prof. K.C PANDA pg. 15,16

1. Trust worthy authority: - while selecting schools by parents first preference is faculty. Ample of questions are in mind of parents. Whether teacher will take care of his child? Is the major issue. Without having trust how do Parents leave ward in schools for 7 to 8 hours. Thus, school is considered to be most trust worthy authority.
2. Teacher student relationship: - teaching is an art. There is hardly any child who doesn't like school teachers. During the course of school study though teachers scold them, there is hardly any student who has grudge for that. In primary schools many a time's students take a nap on lap of teachers. Many a times children belong to this age group shares family incidences, their love with their brother or sister, how their parent loves them and many secrets of their small world.
3. Time spends regularly: - minimum 7/8 hours of the day students are with their teachers. During this major time students' studies, play, laugh, shares their Tiffin and perform lots of activities. Unless and until there is some reason students attend schools regularly.
4. Disciplinary authority. -up bring student with manners, discipline is the major responsibility of teacher. Teachers applied different methods for cultivation of discipline in students but still students love them, respect them.

Hurdles in this role:

- 1) Completion of syllabus: Teachers are under pressure to complete academic syllabus in stipulated time. Considering Holidays and other work teachers may not get sufficient time to complete syllabus. Revision, class tests, maintenance of records are other works attached with syllabus.
- 2) Number of students attended by teachers: According to RTE Act, 40:1 student teacher ratio may be good for syllabus but not for development of relationship for quality time. Many schools have more than 40 students in one class thus it's very difficult to pay personal attention to every student.
- 3) Change of class teacher every year: - Every year students have new class teacher this again takes time to adjust with each other. Again, as standard increases students have different subject teachers. Subject teacher hardly gates 1or 2

lectures per day this is also not sufficient time to develop personal relations with students.

- 4) Teachers' personal family problems: - teachers may also have their family problems. In such situation teachers may not be able to give good suggestion to student or problems of students may be ignored by teachers.
- 5) Favoritism: - Most of the time Students scoring good marks are in good books of teacher as compare to those are scoring low marks. Thus, students scoring low marks may hesitate to talk freely with teacher.
- 6) Students do not open their mind with every teacher. - Students develop their relations only with their favorite teacher and not with every teacher.

Solution to this problem

- 1) Considering above hurdles it is concluded that though teachers are perfect source of quality time but not a sufficient in present teacher structure of school. Special teachers or child psychologist must be appointed by school. Special teachers must have good communication with students. He / she must be permanently appointed by school. Behavior of the teacher must be healthy and trustworthy for students. Students must feel free and safe to talk with him/her.
- 2) By taking advantage of developed technology, special computer applications can be developed by school. Expected features of an application are:
 - a) Application should be easily handled by students.
 - b) Compulsory daily use of the application.
 - c) It must be communicative.
 - d) Application should be secret friend, Guide and philosopher
- 3) Appointment of NGOs, who are working for development of education, may be more economical and convenient for schools. Some NGOs such as CRY (Child Rights and You), 'Parisar Asha', Smile Foundation, Tarang etc. already started for promotion and education of children. But work of NGO's will shoot up if it is supported by legal force.

Need of legal force.

Legal force is helpful for perfection and continuation of policy. It also gives uniform application to all type of schools.

Efforts taken by government:

The National Charter for Children,¹² 2003 adopted on 9th February 2004, underlined the intent to secure for every child the inherent right to be a child and enjoy a healthy and happy childhood; to address the root causes that negate the healthy growth and development of children; and to awaken the conscience of the community in the wider societal context to protect children from all forms of abuse, while strengthening the family, society and the Nation.

Bachpan Bachao Andolan¹³ (BBA; *Save Childhood Movement*) is an India-based movement campaigning for the rights of children. It was started in 1980 by Nobel Laureate Mr. Kailash Satyarthi. Its focus has centered on ending bonded labour, child labour and human trafficking, as well as demanding the right to education for all children. It has so far freed more than 88,000 children from the servitude, including bonded labours, and helped in their successful re-integration, rehabilitation and education

Integrated child protection scheme¹⁴ is implemented by Government of India to help secure the safety of children, with a special emphasis on children in need of care and protection, juveniles in conflict or contact with law and other vulnerable children.

The central rules to the Right to education (RTE) Act, 2009 have been amended for development of quality of Education.

The Central Government of India has launched an integrated scheme for school education named as 'Samagra Shiksha' which includes three schemes i.e. Sarva Shiksha Abhiyan (SSA), Rashtriya Madhyamik Shiksha Abhiyan (RMSA), and Centrally Sponsored Scheme on Teacher Education (CSSTE).

All these schemes will be more effective if concept of Quality time is considered. All these schemes focus on reformative theory. But concept of Quality time focuses on preventive theory.

¹² <http://nhp.gov.in> last visited 21 November 2021

¹³ bba.org.in last visited 21 November 2021

¹⁴ wcd.nic.in/integrated-child-protection-scheme-ICPS last visited 21 November 2021